



Iron-on Instructions:

1. **Choose the right fabric.** This transfer is intended for **white or light-colored fabric**. For best results, use a smooth, clean cotton or cotton-blend apron, tote bag, or other washable fabric.
2. **Prepare your iron.** Set the iron to the **Wool/Hot setting**. **Do not use steam**. Empty all water from the iron before beginning.
3. **Prepare your work surface.** Place the fabric on a **hard, smooth, heat-resistant surface**. Avoid using a padded ironing board, which may prevent enough pressure from reaching the transfer.
4. **Carefully Cut Around the Image.** This makes for a cleaner, smoother transfer.
5. **Position the transfer.** Place the transfer **image-side down** on the fabric. Since the image has already been reversed, it will appear correctly once transferred.
6. **Iron the entire image.** Press firmly and move the iron **slowly and continuously** over the entire transfer. Be sure to cover the center, edges, and corners evenly.
7. **Continue ironing for 1½ minutes.** Keep the iron moving over the entire image for a **total of 90 seconds**, applying steady pressure throughout. The edges are super important to iron.
8. **Allow the transfer to cool.** Leave the transfer completely undisturbed until it has cooled.
9. **Peel carefully.** Beginning at **one corner**, slowly peel away the transfer backing. If any portion of the image does not appear fully transferred, lay the backing back into place and apply additional heat.

Caring for Your Apron

For the longest life of the transfer, wash only when needed. Turn the apron **inside out**, place it in a **lingerie or mesh laundry bag**, and wash in **cool water on the delicate cycle** with a mild detergent. Avoid bleach and harsh stain removers. **Air dry** rather than using the dryer, and do not iron directly over the transferred image.

And, of course, there is always the **Katreena method of apron care**: *Don't wash it at all, because every little stain is a cooking memory!* ♥